



Hotline Numbers & Resources

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| All Emergencies..... | 911 |
| Dispatch..... | 334-6622 |
| Desert View Farmington..... | 326-7878 |
| Sexual Assault Services of NWNM..... | 325-2805 |
| Sexual Assault Hotline..... | 1-866-908-4700 |
| Forensic Interview/ Safehouse..... | 325-5358 |
| Family Crisis Center..... | 325-3549 |
| SJRMC Behavioral Health Services.... | 609-6680 |
| Farmington Police Advocate..... | 327-7701 |
| Sheriff's Department Information on Sex Offender Registry/Website..... | 334-6107 |

FAMILY SERVICES

| | |
|--------------------------------------|-----------------------|
| CYFD Local Protective Services | 327-5316 |
| District Attorney's Office | 599-9810 |
| DNA Legal Services | 325-8886 |
| Cottonwood Clinical Services..... | 564-3733 |
| New Mexico Treatment Services..... | 326-2012 |
| Animas Pregnancy Center..... | 327-4747 |
| Echo Food Bank..... | 325-8222 |
| American Red Cross..... | 325-9605 |
| P.A.T.H..... | 325-9600 |
| United Way Help Line..... | 211 |
| National Suicide Hotline..... | 1-800-273-8255 |

Understanding the problem

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Over the course of your life, if you experience mental health problems, your thinking, mood, and behavior could be affected. Many factors contribute to mental health problems, including:

- Biological factors, such as genes or brain chemistry
- Life experiences, such as trauma or abuse
- Family history of mental health problems

Desert View is PROUD to partner with:



Desert View

WHERE FAMILIES COME FIRST

FAMILY COUNSELING SERVICES



*Providing Crisis Support,
Prevention and
Recovery Services*

"Our family serving your family!"

6100 E. Main St
Farmington NM 87402

Phone: 505-326-7878
Fax 505-326-7879

Visit our website
mydesertview.org

*Home of the San Juan
County Truancy Court!*



Adolescent, Adult & Family Services

Individual and Family Counseling

Our professional licensed therapists, serve children and adolescents (between the ages of 3 and 18) and all adults. We specialize in adult, adolescent, family and marriage Therapy.

Trauma Services

We treat various types of trauma including ANY form of abuse, neglect, serious accident, illness, medical procedure, and Veterans.

Play Therapy/ Sand Tray

Our therapists work with children's social and emotional development to help resolve early trauma including physical or sexual abuse.

Court Ordered Drug & Alcohol Services

Our therapists & counselors aid families, who are struggling with substance abuse in both individual and group settings. The primary goal is prevention and intervention services.

Truancy Court

Truancy Court is a diversion program that assigns constructive consequences *as well as therapeutic services* to youth who struggle with truancy or behavioral infractions. The adolescent is held accountable without being expelled or having to go before a formal court of law.

Family Support Services

is a community-based in home service program designed to help strengthen families in their homes to help them meet the basic needs of their children and prevent child maltreatment.

Desert View Cares! We Can Help!

Adult Groups:

Parenting Class, Anger Management & Substance Abuse Groups are both court ordered and volunteer.

Adolescent Groups:

7 week Life Skills Group covering an array of adolescent topics.

Cost: We accept Medicaid and most private insurances. If a family does not have either, we have financial assistance that may cover your services; we also use a sliding fee scale.

Outreach/ Crisis Response Team

Desert View works with underserved populations to include autism and other disabilities. We also provide an on site crisis team for community tragedies.

Love for Thad

Our annual 5K is in remembrance of Thaddeus Hale, who completed suicide at the age of 14. This suicide prevention program goes into the schools and other forums to educate students and parents about the signs of suicide and how to get help.

LGBTQ Community

We have experienced counselors to help you navigate to recovery and wellness regardless of sexual identity or gender expression.

UA's:

Urine analysis with immediate results. On-Site, dip-type drug tests – Test checks for Marijuana, Meth, Cocaine, Opiates, and PCP.

Survivor Centered Trauma Services

“We can help with any unresolved trauma...”

Sexual assault is *any* unwanted sexual activity that you don't agree to in situations when you are:

- ◆ coerced
- ◆ threatened or forced
- ◆ unconscious
- ◆ intoxicated
- ◆ unable to consent in any circumstance for any reason

At Desert View, we offer survivor centered trauma services including therapeutic counseling.

Without proper care, traumatic events can lead to an increased likelihood of developing substance abuse, addiction, anxiety and depression that may interfere with daily levels of functioning.



Also check our website calendar for upcoming events!

www.mydesertview.org

Or visit us on facebook!

