

Other services provided by Desert View Family Counseling include (but are not limited to) the following:

- **Individual and Family Counseling**
- **Trauma Services**
- **Play Therapy**
- **LGBTQ Community**
- **Court Ordered Drug and Alcohol Services**
- **Teen and Truancy Court**
- **Outreach Services**

If you or someone you know is struggling with thoughts/actions of suicide, there is help and you are not alone

[National Suicide Prevention Lifeline](#)

1-800-273-TALK (8255)

[Crisis Text Line*](#)

Text 741-741

Live trained crisis counselor receives the text and responds quickly

*There is no charge for this service by the provider (fees may apply if your wireless plan does not include messaging)

****Funding may be available to help you pay group costs.**

Visit our website calendar for dates and times

www.mydesertview.org

CALL **505-326-7878** for more information and to sign up.

OTHER SERVICES

Assessments & Screenings

**Alcohol and Substance Abuse Assessment
which includes a SASSI**

(Substance Abuse Subtle Screening Inventory)

\$120.00

**Urinalysis & Substance Abuse—
Court Ordered**

On site, dip type drug test, results immediately!

6—Panel Dip

Tests check for THC, Meth, Cocaine, Opiates, and PCP

Cost for Test: \$15.00

Lab confirmation of test is an additional \$ 30.00

ETG Testing

(Alcohol within the last 72 hours)

Cost for Test: \$35.00

K2/Spice Testing

Cost for Test: \$45.00

All test that require lab confirmation and levels are sent to Redwood Laboratories.

Check us out on Facebook!



www.mydesertview.org



Group Class Information



Desert View Family Counseling offers a variety of group classes. These groups are for individuals who are seeking extra help and support on their own or for individuals who have been ordered by outside agencies to complete. Group classes are open to all members of the community.

Call **505-326-7878** for information on dates and to sign up.

ANGER MANAGEMENT CLASSES



Anger is a normal, even healthy emotion. When it gets out of control and becomes destructive, it can lead to problems at work, in your personal relationships, and your overall wellbeing. Anger can leave you feeling out of control and can have unintended consequences.

Our Anger Management class includes the following curriculum:

- *What is Anger?*
- *When does Anger become a problem?*
- *Power and Control*
- *Triggers and Cues*
- *Substance and Anger*
- *Coping Mechanism*
- *Relaxation Techniques.*

Thursday Evenings 5:30—7:30 PM

6 WEEK CLASS

\$20 per group

\$120 for all 6 sessions**



"Are you stressed as a parent and need a little support?"

\$60 - 1 DAY CLASS**

1 SATURDAY A MONTH

Held on the second Saturday of the month.

****Court Approved****

9:00 a.m.-2 p.m.



SUBSTANCE ABUSE GROUP



Group members help support one another and allow other members to grow from their shared experiences. Groups also offer a safe place to learn different coping techniques that others have learned through their experience. Members are encouraged to share openly and honestly with others in session.

Some topics to be included for the recovering person are:

- *Acceptance and treatment readiness*
- *Roadblocks to abstinence*
- *Stress Management*
- *Healthy relationship building*
- *12-Step programs*
- *Shame and guilt*
- *Managing social situations*
- *Communication skills*

Wednesday Evenings 5:30—7:30 PM

6 WEEK CLASS

\$20 per group

\$120 for all 6 sessions**