



## Hotline Numbers & Resources

All Emergencies.....	911
Dispatch.....	334-6622
<b>Desert View Farmington.....</b>	<b>326-7878</b>
<b>Desert View Gallup .....</b>	<b>297-3909</b>
Sexual Assault Services of NWNM.....	325-2805
Forensic Interview/ Safehouse.....	325-5358
Family Crisis Center.....	325-3549
SJRMC Behavioral Health Services....	609-6680
Farmington Police Advocate .....	327-7701
Sheriff's Department Information on Sex Offender Registry/Website .....	334-6107

## FAMILY SERVICES

CYFD Local Protective Services .....	327-5316
District Attorney's Office .....	599-9810
DNA Legal Services .....	325-8886
Cottonwood Clinical Services.....	564-3733
New Mexico Treatment Services.....	326-2012
First Born .....	325-9175
Echo Food Bank.....	325-8222
American Red Cross .....	325-9605
P.A.T.H .....	325-9600
United Way Help Line.....	211
<b>National Suicide Hotline.....</b>	<b>1-800-273-8255</b>

## Understanding the problem

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices. Mental health is important at every stage of life, from childhood and adolescence through adulthood.

Over the course of your life, if you experience mental health problems, your thinking, mood, and behavior could be affected. Many factors contribute to mental health problems, including:

- Biological factors, such as genes or brain chemistry
- Life experiences, such as trauma or abuse
- Family history of mental health problems

More for more information please  
visit our website at

[www.mydesertview.org](http://www.mydesertview.org)

Desert View is **PROUD** to partner with:



WHERE FAMILIES COME FIRST  
**Desert View**  
FAMILY COUNSELING SERVICES



Providing Crisis Support,  
Prevention and  
Recovery Services

*"Our family serving your family!"*

**FARMINGTON LOCATION:**  
6100 E. Main St  
Farmington NM 87402

Office: 505-326-7878  
Fax 505-326-7879

**GALLUP LOCATION**  
607 W. Aztec Ave  
Gallup NM 87301

Office: 505-297-3903  
Fax: 505-488-2260



Home of the San Juan County  
Truancy Court!

## Adolescent, Adult & Family Services

### Individual and Family Counseling

Our professional licensed therapists, serve children and adolescents (between the ages of 3 and 18) and all adults. We specialize in adult, adolescent, family and group Therapy.

### Trauma Services

We treat various types of trauma including ANY form of abuse, neglect, serious accident, illness, medical procedure, and Veterans.

### Play Therapy/ Sand Tray

Our therapists work with children's social and emotional development to help resolve early trauma including physical or sexual abuse.

### Court Ordered Drug & Alcohol Services

We offer court ordered and volunteer treatment for anyone struggling with substance abuse; we offer both individual and group setting. The primary goal is prevention and intervention services.

### Truancy Court

Truancy Court assigns constructive consequences *as well as therapeutic services* to students who struggle with truancy or behavioral infractions. The student is held accountable without being expelled or having to go before a formal court of law.

**Wraparound Services** is a philosophy of **care** used to build constructive relationships and support for youth 16-24. This intense case care coordination is community based, culturally relevant, individualized, strength based, and family centered.

### Adult Groups

**Parenting Class, Anger Management & Substance Abuse Groups** are both court ordered and volunteer.

### Adolescent Groups

**Life Skills Group** covering an array of adolescent topics for court ordered and volunteer.

### Supervised Visitation & Exchange

Our Exchange and Supervised Visitation program provides children and parents with a safe environment for supervised visits and exchanges, allowing a child to continue his or her relationship with the noncustodial parent without being placed in the middle of parental conflict.

### Outreach/ Crisis Response Team

Desert View works with underserved populations to include autism and other disabilities. \*We also provide an on site crisis and debriefing team for community tragedies.

### Strides Against Suicide 5K

Our annual 5K is in remembrance of those lost to suicide. This suicide prevention program goes into the schools and other forums to educate students and parents about the signs of suicide and how to get help.

### LGBTQ Community

We have experienced counselors to help you navigate to recovery and wellness regardless of sexual identity or gender expression.

### UA Testing

Urine analysis with immediate results. On-Site, dip-type drug tests – Test checks for THC, Cocaine, Amphetamine, opiate, benzodiazepine and Ethyl/Glucuronide (ETG) screening.

## Prevention, Intervention & Reunification

### Family Support Services

is a community-based in home service program designed to help strengthen families in their homes to help them meet the basic needs of their children and prevent child maltreatment.

### Intensive Family Support Services

is a community-based in home service program designed for families who are at high risk and who need more intensive support, frequent home visits, therapeutic services and other needed resources.

### Secondary Prevention Services

is a community-based in home services for families who have children 0-5 that do not have an open CYFD case.

**Time Limited Reunification** is a for children in custody with CYFD for less than 12 months with the goal of reunifying with their bio family.

### Family Reunification Services

is for children returning home from foster care and other out of home placements who are reunifying with their parents, other family members, or fictive kin, and anyone pursuing guardianship.

**Go to [www.mydesertview.org](http://www.mydesertview.org) for more information!** **Find us on:**

